

# One Sheet

## What I'm about

Throughout Kristy's Learning and Development career she acquired extensive training experience; program writing and course creation, facilitation, coaching and development (classroom and one to one). Whether it's speaking, writing, teaching or a casual conversation, the overall goal was and always is - creating memorable experiences.

### 1. Cosmic connections

What's really written in the stars? Relationships, communication, career, challenges, purpose, manifestation, money and so much more. But the caveat is, you always have free will. Destiny is cultivated and Kristy will help you to reveal yours.

### 2. Own your magic

Want to step into the vision you have for your future self? Kristy will help you to identify your superpowers and unlock your potential using astrology. She always has some thought-provoking questions and Astrostrategy® methods up her sleeve to ensure that you feel confident and empowered at every turn.

### 3. You're the star

Are you ready to become the star of your movie? Kristy will help you explore 'Main Character Energy' using the power of Astrology. She breaks it down so you feel inspired and ready to start romanticizing your life. You'll never look at Astrology (and your horoscope) the same way again.

## Professional bio



Kristy is an Astrologer and Life Strategist from the Gold Coast. Her career started in Learning and Development in the beauty industry, working for the likes of Clinique and global beauty giant Sephora. A passion for developing people and brands blossomed into a 10-year career, but Kristy was perpetually curious about astrology - she was 'that girl' in the office who was always asking everyone for their star signs. In 2018, she found herself sitting in front of an award-winning Astrologer who became her mentor, and instantly fell in love with the stars and how they can help you understand more about yourself to make conscious decisions. Four years on, Kristy has become one of Australia's leading Astrologers. Through her signature formula, Astrostrategy®, Kristy combines mystical insights with practical tools to dismantle the uncertainty that's been holding you back. When she's not stargazing, you'll find her at the beach, fantasy novel and green juice in hand.

## Contact

E: [hello@kristygray.com](mailto:hello@kristygray.com)

T: +61 425 232 200

## Seen in

Daily **Mail** Australia **WomensHealth** **BOB** **POPSUGAR** **NEWS.com.au**  
**reddit** **WANDERLUST** **MamaMa** **DAVID JONES** **RUSSH** **9NEWS**